

5 - 16 MARCH 2027
ANYSBERG - SOUTH
AFRICA

Lolla Odendaal
&
Jess Tyrrell

in the language of the /Gwíkwé
one greets another by asking:

"Tsamkwa /tge?"
"are your eyes nicely open"

WILDERNESS VIGIL

a vision quest

a vision quest is...

a wilderness rite of passage.

a ritual of remembering.

a radical act, to enter a wild place and willingly go without food. To be a different kind of hunter, to leave more than you take, to make prayers not chainsaw cuts.

People of all cultures have gone into the wild to retune their ear to the many-voiced earth, to seek guidance in times of uncertainty, to mark life transitions, to connect with their own and nature's wilder wisdom.

This passage into the bush is a dialogue with the non-human world. "This is the journey from dreaming to getting dreamt, getting claimed by a place. It's usually a slow, sometimes difficult and often mysterious process. Without a long term commitment to stewarding the experience afterwards, it can be hard to grasp quite what transpired.

Friends, that's where the work begins. Don't come looking for honey if you don't want to become a bee".
(Shaw)

12 DAY WILDERNESS CEREMONY

SEVERANCE

4 days building readiness, clarifying intention

THRESHOLD

4 days solo fast

INTEGRATION

4 days return and incorporation

Nature is the teacher

Wilderness is the place where we are re-calibrated, like a tuning fork, to a wider reality of more-than-human life. We revive an age-old reciprocity with a many-voiced world.

The teachings that happen here are not from the human realm. Here it is the bones of the mountain as teacher. The bee overhead as guide. This is ancestor time. They can be tough teachers, but offer blessings in their branches.

"Silence is not the absence of sound
but the presence of everything."

- Gordon Hempton

LOLLA ODENDAAL

Lolla is a wilderness guide, who is inspired by her witnessing the simplicity with which nature reveals our true selves. She started her journey as a nature conservationist, river guide & mountain guide and has been steered on a path deeper into the mysteries of the inter connectedness of our Human Nature. Lolla guides journeys into nature and leads nature based ceremonies. Her exploration of sacred landscapes focuses on revealing their relevance to modern lives. She is a co-founder of NATURE WITHIN SA.



JESS TYRRELL

Jess is a psychotherapist, wilderness guide and herbalist. Her work over the last 26 years is dedicated to promoting and supporting people's deep sense of belonging, and the formation of their ecological identity - the knowing of belonging to and being an expression of a larger body - life itself.

She is the founder of NatureAllied, a psychtherapy practice and training body for Trauma-informed Mental Health First Aid.



The vision quest asks of you to:

- * for just a little while, consider trading comfort for shelter
- * ask what it means to be dreamt, rather than dream
- * ask what it means to be claimed by a place
- * spend 4 days and 4 nights fasting without the company of humans
- * walk for approx 1 hour on uneven terrain with a backpack
- * meet on the phone with one of the guides in order to confirm your place

JOIN US

<https://www.natureallied.co.za>

cost

R19 600 per person.

Maximum group size: 10

INCLUDED in the cost:

All meals, permits, camping accommodation, risk management, facilitation.

NOT INCLUDED:

Transport to Anysberg accommodation before and after the Vision Quest, personal equipment.

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